

100% RAW American Challenge VT - 6-12-2010

Lifter	State	WC	Weight lb	Division	X over	Meet	Bench kg	Bench Lbs	Deadlift kg	Deadlift Lbs	Total Kg	Total Lbs
Bench Only												
Shannon Wisdom	VT	123	121.8	40-44			47.5	104.72				
Courtenay Khoury	CT	132	129.6	50-54			50	110.23				
Nona Hubbard	NH	148	146.2	45-49			65	143.3				
Laura Delay	VT	165	150	30-34			55.5	122.36				
Vance Edwards	NH	132	131.2	30-34			127.5	281.09				
Adam Zehr	NY	148	147.2	OPEN			170	374.78				
Tom Goad	VT	148	147.6	35-39			105	231.48				
Timothy Barrett	VT	165	149.8	45-49			112.5	248.02				
Daniel Henson	MA	165	164.2	45-49	Open		147.5	325.18				
Peter Hubbard	NH	181	177.2	70-74			105	231.48				
William Farrell	VT	198	193.8	65-69			95	209.44				
Jim Van Allen	NY	198	194	55-59			180	396.83				
Ron Wisdom	VT	198	198.2	40-44			161.5	356.04				
Ken Mattson	MA	220	214	50-54			170	374.78				
Andy Badger	NH	220	218.6	40-44			122.5	270.06				
Mike Shepard	NH	242	224	20-24			162.5	358.25				
Wayne Mudrack	NH	242	228.6	45-49	open		192.5	424.39				
Gregory Hartanft	NY	275	273.8	20-24			205	451.94				
Deadlift Only												
Shannon Wisdom	VT	123	121.8	40-44					112.5	248.02		
Courtenay Khoury	CT	132	129.6	50-54					92.5	203.93		
Nona Hubbard	NH	148	146.2	45-49					130.5	287.7		
Ryan Cross	VT	165	157.8	20-24					217.5	479.5		
Peter Hubbard	NH	181	177.2	70-74					136.5	300.93		
William Farrell	VT	198	193.8	65-69					162.5	358.25		
Andy Badger	NH	220	218.6	40-44					202.5	446.43		
Gregory Distin	NY	242	241.4	20-24	open				272.5	600.75		
Gregory Hartanft	NY	275	273.8	20-24	open				320	705.47		

Strict Curl

William Farrell	VT	198	193.8
Ken Mattson	MA	220	214
Bob Borofsky	NH	275	257

Curl KgCurl Lb

55	121.25
72.5	159.83
57.5	126.76

Successful Fourth Lifts for Records!

Shannon Wisdom - Deadlift - 116 Kg for a World Record!

Wayne Mudrack - Bench Press - 200 Kg for a World Record!