



POWERLIFTING FEDERATION Virginia State BP/DL/Curl

4-26-08 Stanardsville, VA

Lifter	Division	Wt. Class	Bench		Total
BENCH PRESS					
Latoya Parrish	20-24	198	240		
Josh Browne	18-19	132	250		
Gino Colombo	35-39	165	345		
Jerome Penn	40-44	181	290		
Brian Kelleher	25-29	198	270		
Dwain Koser	40-44	198	355		
John Shifflett	Open 45-49	220	300		
Justin Vorrasi	25-29	242	420		
Lifter	Division	Wt. Class	Bench	Deadlift	Total
IRONMAN					
Anthony Burger	30-34	165	275	405	680
Rob Hanners	20-24	165	250	502.5	752.5
Travis Roberts	40-44	181	305	470	775
Jerome Penn	40-44	181	290	400	690
Robert Ayala	25-29	198	340	450	790
Ziba Dearden	50-54	220	250	375	625
Nicholas Arbia	20-24	220	305	500	805

David Powell	20-24	242	350	470	820
Ronald Thomas	Open	242	425	605	1030
Langston Willett	Open	275	435	635	1070
Chris Jackson	35-39	275	360	570	930
Lifter	Division	Wt. Class		Deadlift	Total
Rob Hanners	Open	165		502.5	
Scott Pickelsimer	35-39 Open	220		465	
Chad Clark	Open 35-39	242		500	
Lifter	Division	Wt. Class		Strict Curl	Total
Latoya Parrish	20-24	198		102.5	
Brian Kelleher	25-29	198		125	
Nicholas Arbia	20-24	220		150	
Justin Vorrasi	25-29	242		175	
Chris Jackson	35-39	275		155	

The 100% Raw Virginia State was a great success. There was really good lifting and a wonderful spirit between lifters. Lifters who had never met each other before were helping and cheering each other on.

Jim Roberts Maryland State Chairman was the head judge. Jim always helps out he is true credit to the sport a good official and even better friend. Will Morris who lifts next weekend at USAPL Masters Nationals was a side judge. Gino Colombo and Chad Clark each did side judging, thanks so much. Keith Barrett and Jeremy Shifflett were our spotter loaders and did a really nice job. Jesse Kennedy was the scorekeeper.

The meet was drug tested and results are pending drug test results.