



## FREEDOM USA OPEN, LEESBURG, VA 6-21-08

Lifter	Division	Wt. Class		Bench		
Cozetta Penn	45-49	148		140		
Melissa Ligh	40-44	165		115		
Kevin Boston	14-15	148		210		
George Pluhar	18-19	165		330		
Jimmy Witham	Open	165		250		
John Self	Open	181		405		
David VanMeter	35-39	181		300		
Jerome Penn	40-44 Open	181		310		
Adam Adkins	Open	198		350		
Sean Custis	30-34	198		275		
Aaron Johnson	Open	220		425		
Aaron Sharb	20-24 Open	220		290		
Jason Kelly	Open	242		370		
Charles Johnson	Open	308		470		
Jervis Penn	45-49 Open	308		360		

<b>Lifter</b>	<b>Division</b>	<b>Wt. Class</b>			<b>DEADLIFT</b>	
Melissa Ligh	40-44	165			205	
Jerome Penn	45-49	181			450	
Adam Adkins	Open	198			550	
Christopher Vaccaro	25-29 Open	198			600	
Matthew Molina	20-24 Open	220			535	
Aaron Johnson	Open	220			515	
Branch Echols	Open	220			500	
Carroll Clarke	50-54	220			470	
Dick Oprison	65-69	242			400	
Jervis Penn	40-44	308			500	
						Strict Curl
Melissa Ligh	40-44	165				70
John Self	Open	181				145
Christopher Vaccaro	25-29 Open	198				165
Sean Custis	30-34	198				120
Aaron Sharb	20-24 Open	220				155
Dick Oprison	65-69	220				135
Jason Kelly	Open	242				160