

2009 Law, Fire and Military Nationals and Ohio State Championships - Dec. 5th, Toledo Ohio

Name	Division	Wgt	Class	SQUAT				BENCH				DEADLIFT				TOTAL	Place	Coef.		
				RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd				3rd	4th
Nicole Fressie	16-17	126.5	132	5	135	150	165	180	95	105	110	115	275	145	165	180	195	455	1	3.60
Jay Helms	45-49	131	132	6	220	230	240	255	220	0	0		460	340	360	370	380	830	1	6.34
Rey Palacios	LFM	195	198	8	225	275	315	340	0	265	0		580	250	300	355	400	935	1	4.79
Adam Frausto	20-24	147.5	148	7	275	310	330	335	190	0	215	220	545	315	340	355	360	900	1	6.10
Paul Bersticker	Open	197	198	8	305	330	350		305	0	0		655	410	455	500		1155	1	5.86
Mathew Brandys	Open	188	198	7	315	355	405		275	0	0		680	420	455	480		1160	2	6.17
Scott Fressie	Open/ 40-44	216.5	220	8	425	450	480	510	325	340	0		820	450	495	515	545	1335	1,1	6.17
Glen Frames	LFM / 45-49	236	242	8	365	405	460	470	315	330	0		790	405	455	500		1290		5.47
Kevin Barbeau	LFM	253	275	10	420	470	520		0	0	350		870	460	520	550	575	1420		5.61
Edward McGarvey	40-44	307	308	8	375	430	0		315	340	0		770	405	460	0		1230		4.01
Bench Only																				
Tyler Corriveau	6-7yrs	63	66						45	0	50		50					50		0.79
Matthias Algarin	8-9yrs	74	77						70	75	0		75					75		1.01
Beth-el Algarin	8-9yrs	94	97						70	75	80		80					80		0.85
Quinci Copeland	LFM, Open	141.4	148						125	0	135		135					135		0.95
Larry Miller	50-54	148	148						290	0	0		290					290		1.96
David See	45-49	158	165						0	280	290	300	290					290		1.84
Dan Brown	Open	181	181						0	0	245		245					245		1.35
Anthony Payton	35-39	192	198						330	350	0		350					350		1.82
Mike McHargh	Open	192	198						395	405	0		405					405		2.11
Jim Wetenhall	LFM, 55-59	308	308						340	360	0		360					360		1.17
Kathy Wetenhall	55-59	188	198						145	160	0		160					160		0.85
Deadlift Only																				
Troy Taylor	40-44	273	275											505	555	0		555		2.03
Terry Reynolds	LFM/45-49	223	242											425	460	500	515	500		2.24
Strict Curl																				
Beth-el Algarin	8-9yrs	94	97		35	40	0						40					40		0.43
Matthias Algarin	8-9yrs	74	77		40	45	0						45					45		0.61
Kathy Wetenhall	55-59	188	198		75	85	0						85					85		0.45
Scott Fressie	Open, 40-44	216	220		140	0	0						140					140		0.65
Jim Wetenhall	LFM, 55-59	308	308		140	160	0						160					160		0.52

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