

100% RAW Powerlifting Federation

2010 American Challenge

Nebraska

Name	Division	Wgt	Class	BENCH				DEADLIFT				Sub	CURL				TOTAL
				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th	
Hain, Dillon - IA	Teen 16-17	114	114					80	95	102.5							
Alverado, Vincent - IA	Open, Teen 16-17	131	132					160	172.5	182.5							
Purcell, Billy - NE	Youth (10-11)	130	132					75	82.5	87.5							
Johannsen, Drew - IA	Open, Teen 16-17	144	148					117.5	137.5	145							
Szymanski, David - NE	Open, Teen 18-19	178	181					235	260	270							
Pohlmann, Kurt - NE	Open	176	181					200	212.5	-217.5							
Daeges-Pinkerton, Dalton - NE	Open, Teen 14-15	171	181					130	137.5	147.5							
Storm, Daniel - NE	Open	188	198					190	200	207.5							
Baldwin, Clint - NE	Open, Teen 16-17	190	198					182.5	207.5	-217.5							
Sharp, Kacie (F) - NE	F-Open, F-(20-24)	209	198+					135	145	152.5	165						
Toney, Caresley - NE	Open, Master 60-64	218	220					200	210	215							
Lund, Zac - IA	Open, Teen 14-15	217	220					127.5	150	165							
Carey, Jon - NE	Open, Master 45-49	237	242					165	182.5	195							
Friedrichsen, Will - IA	Open, Teen 14-15	235	242					150	175	182.5							
Hellickson, Charles - IA	Master 65-69	312	SHW					80	85	92.5							
Bunch, Dan - NE	Open, Master 45-49	360	SHW					182.5	210	227.5							
STRICT CURL																	
Hale, Caden - IA	Youth (10-11)	62	66										10	12.5			
Robinson, Josh - NE	Open	131	132										45	50	52.5		
Lund, Zac - IA	Teen 14-15	217	220										40	42.5	47.5		
Petry, Luke - IL	Open	230	242										60	65	72.5	85	
Moeller, David - IL	Open, Master 40-44	240	242										50	60	65	75	

100% RAW Powerlifting Federation 2010 American Challenge Nebraska

Name	Division	Wgt	Class	BENCH				DEADLIFT				Sub	CURL				TOTAL	
				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th		
Friedrichsen, Will - IA	Teen 14-15	235	242											40	42.5	47.5		
Griffin, Jack - TX	Open,PFM,M(60-64)	307.5	308											52.5	52.5	60		
Bunch, Dan - NE	Open, Master 45-49	360	SHW											50	57.5	57.5		
Hellickson, Charles - IA	Master 65-69	312	SHW											15	17.5	20		