

100% RAW Powerlifting Federation

2008 North Carolina State werlifting Championships

Name	Division	Wgt	Class	RH	SQUAT				BENCH				Sub	DEADLIFT				TOTAL	Place	Coef.
					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
Nathan Jones - NC	Teen (16-17)	123	123		205	225	0		155	165	175	180	405	335	365	0		770	1	6.26
Walker Griggs - NC	Teen (14-15)	130.9	132		185	205	230		120	140	0		370	245	260	285		655	1	5.00
Kris Gruaman - NC	Teen (16-17)	129	132		175	195	0		135	150	0		345	255	265	285		630	1	4.88
Jonathan Wilson - NC	Teen (16-17)	139.9	148		135	145	165		105	115	130		295	225	255	0		550	4	3.93
Josh McCrary - NC	Teen (16-17)	148	148		0	0	265		0	200	0		465	365	385	0		850	1	5.74
Drew Pollard - NC	Teen (16-17)	145	148		0	0	285		155	170	0		455	315	335	0		790	2	5.45
Kenneth Wilson - NC	Teen (16-17)	136.5	148		120	135	0		110	135	155		290	275	300	320		610	3	4.47
Brian Dillion - NC	Teen (18-19)	142.8	148		175				95				270	245				515		3.61
Michael Klakamp - NC	Teen (16-17)	153.9	165		180	0	0		0	0	115		295	245	275	295		590	9	3.83
Joe Morgan - NC	Teen (16-17), Open	157.2	165		185	210	0		165	175	0		385	315	0	0		700	8,3	4.45
RJ Starcher - NC	Teen (16-17)	157.5	165		225	0	240		145	165	175		415	300	0	320		735	5	4.67
Steven Henkel - NC	Teen (16-17)	158.2	165		225	0	0		185	0	0		410	335	0	0		745	5	4.71
Jake Young - NC	Teen (16-17)	162.1	165		225	245	265		185	205	0		470	315	335	370		840	5	5.18
Jacob Howlett - NC	Teen (16-17)	157.8	165		255	275	285		175	0	0		460	365	385	0		845	4	5.35
Quincy Culler - NC	Teen (16-17), Open	154.2	165		225	240	265		185	215	0		480	335	375	0		855	3,2	5.54
Paul Didario - NC	Teen (16-17)	160	165		265	275	0		225	235	0		510	405	415	0		925	2	5.78
Brian Lesinski - NC	Teen (16-17), Open	159.7	165		0	300	0		200	215	0		515	475	500	515	0	1030	1,1	6.45
Gregory Pike - NC	Junior	172.9	181		225	250	275		250	275	0		550	405	450	0		1000	1	5.78
John Caliri - NC	Master (40-44)	181	181		0	0	340		240	250	260		600	430	0	450		1050	1	5.80
Norman Grantham - NC	Master (45-49)	177.3	181		360	375	0		225	235	245		620	315	380	405		1025	1	5.78
Doug Parrish - NC	Open, Sub (35-39)	180.3	181		450	465	475		290	305	0		780	500	515	0		1295	1,1	7.18
Korye Belangia - NC	Teen (16-17)	171	181		225	0	0		155	170	190		415	315	335	365		780	6	4.56
Orlando Boyd -NC	Teen (16-17)	173.4	181		185	0	215		145	170	185		400	365	385	405		805	5	4.64
Shawn Martin - NC	Teen (16-17)	175.8	181		225	265	270		145	170	180		450	335	375	0		825	4	4.69
Martell Cooper -NC	Teen (16-17)	170.6	181		225	265	270		145	155	0		425	335	355	405		830	3	4.87
Ryan Horton - NC	Teen (16-17), Open	181	181		285	0	0		225	245	0		530	405	425	0		955	2	5.28
Jamie Wheeler - NC	Teen (16-17), Open	181	181		315	335	345		225	245	0		590	385	405	435		1025	1	5.66
Jordan Magdalenski - NC	Teen (18-19)	175	181		0	275	295		165	0	175		470	365	385	0		855	1	4.89

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				SQUAT			BENCH			DEADLIFT								
Kos Jackson - NC	Special Olympian	191.7	198	95	110	115	125	135	165	280	175	200	215	495	1	2.58		
Ronnie Tolbert - NC	Teen (14-15)	185.9	198	315	335	350	185	210	0	560	365	405	0	965	1	5.19		
Brandon Lancaster - NC	Teen (16-17)	198	198	225	285	0	185	0	0	470	365	405	0	875	3	4.42		
Dallas Spence - NC	Teen (16-17)	190	198	275	300	0	165	185	0	485	385	405	425	910	2	4.79		
Eddie Molesky - NC	Teen (16-17), Open	184.2	198	275	290	300	190	210	0	510	455	485	0	995	1	5.40		
Tim Vinick - NC	Teen (18-19)	195.4	198	295	315	335	205	235	0	570	405	435	0	1005	1	5.14		
Matthew Molina - VA	Junior, P/F/M	218	220	340	375	0	300	0	0	675	515	525	535	1210	1,1	5.55		
Woody Leonard - NC	Open, Master (40-44)	215.7	220	0	475	0	290	320	335	810	485	535	555	1365	1,1	6.33		
Cody Cooper - NC	Teen (14-15)	202.3	220	195	0	0	155	0	175	370	315	335	345	715	3	3.53		
Tyler Rose - NC	Teen (14-15)	219.6	220	0	235	265	165			430	315	345	0	775	2	3.53		
Marcus Crowder - NC	Teen (14-15)	200	220	0	0	225	225	245	0	470	315	360	0	830	1	4.15		
Hunter Bierwirth - NC	Teen (16-17)	206.2	220	255	0	0	0	185	0	440	315	335	0	775	2	3.76		
Antonio Palmer - NC	Teen (16-17)	211.8	220	0	0	275	160	175	185	460	405	435	465	925	1	4.37		
Pete Serra - NC	Master (40-44). P/F/M	242	242	0	405	415	320	330	340	755	520	0	0	1275	1,1	5.27		
Ryan Nicastro - NC	Teen (14-15)	224.8	242	0	300	325	215	235	0	560	455	475	500	1060	1	4.72		
T.J. Adams - NC	Teen (16-17)	224.8	242	0	215	225	205	225	0	450	405	435	0	885	1	3.94		
George Herring - NC	Open	276.9	308	400	455	500	375	385	0	885	400	500	550	1435	1	5.18		
Denvel Sutton - NC	Teen (14-15)	288.5	308	515	0	545	560	315	325	345	0	890	525	550	570	1460	1	5.06
Deadlift																		
Dakota May - NC	Teen (10-11)	92.6	97							0	150	160	165	165	1	1.78		
Daniel Garza - NC	Teen (12-13)	114	114							0	135	185	200	200	1	1.75		
Nathan Jones - NC	Teen (16-17)	123	123							0	335	365	0	365	1	2.97		
Denvel James - NC	Teen (14-15)	135	148							0	185	200	245	245	1	1.81		
Christopher Hassell - NC	Teen (14-15)	154	165							0	225	250	260	260	1	1.69		
Brian Lesinski - NC	Teen (16-17), Open	159.7	165							0	475	500	515	515	1,1	3.22		

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				SQUAT				BENCH				DEADLIFT										
John Caliri - NC	Master (40-44)	181	181									0	430	0	450				450	1	2.49	
Norman Grantham - NC	Master (45-49)	177.3	181									0	380	405	0				405	1	2.28	
Doug Parrish - NC	Open, Sub (35-39)	180.3	181									0	500	515	0				515	1,1	2.86	
Jamie Wheeler - NC	Teen (16-17), Open	181	181									0	385	405	435				435	1,2	2.40	
Ryan Horton - NC	Teen (16-17), Open	181	181									0	405	425	0				425	2,3	2.35	
Isreal Roughgon - NC	Teen (14-15)	192	198									0	225	275	290				290	1	1.51	
Eddie Molesky - NC	Teen (16-17), Open	184.2	198									0	455	485	0				485	1,1	2.63	
Woody Leonard - NC	Open, Master (40-44)	215.7	220									0	485	535	555				555	1,1	2.57	
Benjamin Hughes - NC	Special Olympian	214.2	220									0	95	135	145				145	1	0.68	
Kenny Rodgers - NC	Teen (14-15)	214.7	220									0	365	380	405				405	1	1.89	
Pete Serra - NC	Master (40-44). P/F/M	242	242									0	520	0	0				520	1,1	2.15	
Ryan Nicastro - NC	Teen (14-15)	224.8	242									0	455	475	500				500	1	2.22	
T.J. Adams - NC	Teen (16-17)	224.8	242									0	405	435	0				435	1	1.94	
Patrick McMillian - VA	Open; LFM	256.8	275									0	550	0	0				550	1,1	2.14	
Rashon Spence - NC	Open	300	308									0	405	455	0				455	1	1.52	
George Herring - NC	Open	276.9	308									0	400	500	550				550	1	1.99	
Denvel Sutton - NC	Teen (14-15)	288.5	308									0	525	550	570				570	1	1.98	
Davon Basnight - NC	Teen (16-17)	350	SHW									0	335	405	460				460	1	1.31	
Bench Press												1st	2nd	3rd	4th	Best						
Megan Gubbs - NC	Youth (8-9)	73.2	77									25	35	40	45	###				###	1	Err:502
Daniel Garza - NC	Teen (12-13)	114	114									0	0	90		###				###	1	Err:502
Nathan Jones - NC	Teen (16-17), Open	123	123									155	165	175	180	###				###	1,1	Err:502
Jonathan Rhodes - NC	Youth (10-11)	117.3	123									50	0	70		###				###	1	Err:502
Jarmel Lewis - NC	Teen (14-15)	126	132									50	0	0		###				###	1	Err:502

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				SQUAT				BENCH				DEADLIFT							
Seth Moldovan - VA	Teen (12-13)	146	148					100	110	120		###					###	1	Err:502
Blake Harris - IN	Teen (14-15)	147.2	148					210	223	230	238	###					###	1	Err:502
Shane Gubbs - NC	Teen (14-15)	136.6	148					0	170	180		###					###	2	Err:502
Byron Reynolds - NC	Teen (14-15)	138	148					90	115	135		###					###	3	Err:502
Denvel James - NC	Teen (14-15)	135	148					90	0	0		###					###	4	Err:502
Tyler Tufts - NC	Youth (10-11)	144.4	148					55	65	0		###					###	1	Err:502
Paul Didario - NC	Open	160	165					225	235	0		###					###	1	Err:502
Brian Lesinski - NC	Open	159.7	165					200	215	0		###					###	2	Err:502
Bart Garrison - NC	Special Olympian	153	165					65	75	80		###					###	1	Err:502
Christopher Hassell - NC	Teen (14-15)	154	165					90	115	135		###					###	1	Err:502
Skylar May - NC	Teen (16-17)	159.9	165					175	185	0		###					###	1	Err:502
David Jones - NC	Teen (18-19)	160.4	165					225	235	250		###					###	1	Err:502
Gregory Pike - NC	Junior	172.9	181					250	275	0		###					###	1	Err:502
Rich Moldovan - VA	Master (40-44)	172.4	181					265	280	285		###					###	1	Err:502
John Caliri - NC	Master (40-44)	181	181					240	250	260		###					###	2	Err:502
Norman Grantham - NC	Master (45-49)	177.3	181					225	235	245		###					###	1	Err:502
Wayne Rammell - VA	Master (60-64)	175.5	181					235	255	260		###					###	1	Err:502
Doug Parrish - NC	Open, Sub (35-39)	180.3	181					290	305	0		###					###	1,1	Err:502
Tyler Green - NC	Teen (12-13)	166.9	181					65	95	0		###					###	1	Err:502
Chris Henry - NC	Teen (14-15)	180.9	181					285	295	305	310	###					###	1	Err:502
Kos Jackson - NC	Special Olympian	191.7	198					125	135	165		###					###	1	Err:502
Isreal Roughgon - NC	Teen (14-15)	192	198					100	115	0		###					###	2	Err:502
Tim Vinick - NC	Open, Teen (18-19)	195.4	198					205	235	0		###					###	1,1	Err:502
Woody Leonard - NC	Open, Master (40-44)	215.7	220					290	320	335		###					###	2,1	Err:502
Aaron Johnson - VA	Open, P/F/M	201.4	220					405	415	0		###					###	1,1	Err:502
Benjamin Hughes - NC	Special Olympian	214.2	220					65	70	0		###					###	1	Err:502
Marcus Crowder - NC	Teen (14-15)	200	220					225	245	0		###					###	2	Err:502
Kenny Rodgers - NC	Teen (14-15)	214.7	220					200	245	255	0	###					###	1	Err:502
Robert Dilley - NC	Teen (18-19)	207.9	220					0	0	0		###					###		Err:502

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				SQUAT				BENCH				DEADLIFT						
Pete Serra - NC	Master (40-44), P/F/M	242	242					320	330	340		###				###	1,2	Err:502
Lynn Corbin - NC	Master (45-49), P/F/M	228.7	242					335	345	0		###				###	1,1	Err:502
Bernie Rhodes - NC	Master (55-59)	225	242					275	295	300		###				###	1	Err:502
Joe Rascoe - NC	Open, Master (45-49)	225.3	242					385	410	0		###				###	1,1	Err:502
Ryan Nicastro - NC	Teen (14-15)	224.8	242					215	235	0		###				###	1	Err:502
T.J. Adams - NC	Teen (16-17)	224.8	242					205	225	0		###				###	1	Err:502
Jerry Lewis - NC	Master (45-49)	270.2	275					275	315	0		###				###	1	Err:502
Patrick McMillian - VA	Open, P/F/M	256.8	275					375	405	0		###				###	1,1	Err:502
C.W.Betts - NC	Teen (18-19)	245.6	275					270	280	290	300	###				###	1	Err:502
Ken Green - NC	Master (45-49)	297.2	308					350	385	0		###				###	1	Err:502
George Herring - NC	Open	276.9	308					375	385	0		###				###	2	Err:502
Donald Owens - NC	Open. (30-34)	278	308					460	475	0		###				###	1,1	Err:502
Denvel Sutton - NC	Open, Teen (14-15)	288.5	308					315	325	345		###				###	1,1	Err:502
Herman Canada - NC	Open, Sub (35-39)	382.4	Shw					475	485	0		###				###	1	Err:502
Davon Basnight - NC	Teen (16-17)	350	SHW					200	0	0		###				###	1	Err:502
Curl								1ST	2ND	3RD		Best						
Megan Gubbs - NC	Youth (8-9)	73.2	77					15	20	23		###				###	1	Err:502
Seth Moldovan - VA	Teen (12-13)	146	148					60	70	75		###				###	1	Err:502
Denvel James - NC	Teen (14-15)	135	148					35	75	0		###				###	3	Err:502
Byron Reynolds - NC	Teen (14-15)	138	148					35	0	0		###				###	4	Err:502
Shane Gubbs - NC	Teen (14-15)	136.6	148					70	85	90		###				###	1	Err:502
Blake Harris - IN	Teen (14-15)	147.2	148					85	0	0		###				###	2	Err:502
Bart Garrison - NC	Special Olympian	153	165					30	35	40		###				###	1	Err:502
Paul Didario - NC	Teen (16-17)	160	165					105	0	115		###				###	1	Err:502
Rich Moldovan - VA	Master (40-44)	172.4	181					115	125	130		###				###	1	Err:502
Kos Jackson - NC	Special Olympian	191.7	198					70	85	0		###				###	1	Err:502

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				SQUAT				BENCH			DEADLIFT							
Benjamin Hughes - NC	Special Olympian	214.2	220					30	35	40		###				###	1	Err:502