

100% RAW Powerlifting Federation
2007 North Carolina Teenage State Powerlifting Championships
Currituck High School - June 2

Name	Division	Wgt	Class	SQUAT				BENCH				DEADLIFT				TOTAL	Place	Coef.				
				RH	Open	2nd	3rd	4th	Open	2nd	3rd	4th	Sub	Open	2nd				3rd	4th		
Donavan Spencer _ COL	T (14-15)	116	123		0	0	225			115	125	135			360	135	225	0		585	1	5.04
Zena Cliff - COL	F-T (14-15)	131	132		0	0	135			75	80	0			215	135	165	215		430	1	3.28
Mike Turner - CUR	Junior 20-24	131	132		225	0	0			0	0	195			420	295	305	325		745	1	5.69
Kevin Moore - CUR	T (16-17)	131	132		0	175	0			0	0	0			175	315	335	0		510	3	3.89
Brendon Bauer - CUR	T (16-17)	132	132		185	0	200			165	175	0			375	285	290	0		665	2	5.04
Kenneth Woolard - CUR	T (16-17)	132	132		215	225	0			155	0	165			390	300	310	0		700	1	5.30
Shirone Ford - COL	T (14 - 15)	144	148		0	0	0			115	125	0			125	185	250	0		375	3	2.60
Joey lanetta - FF	T (14-15)	133	148		0	225	0			135	145	155			380	260	280	300		680	2	5.11
Torrian Gordon - PAS	T (14-15)	148	148		225	0	265			220	235	255			520	250	275	315		835	1	5.64
Cole Trevillian - CUR	T (16-17)	144	148		0	0	0			0	0	0			0	0	0	265		265	4	1.84
Ryan Stewart - CUR	T (16-17)	138	148		175	185	200			145	155	0			355	285	295	0		650	3	4.71
Brandon Mercer - CUR	T (16-17)	146	148		275	285	295			0	0	0			295	405	415	0		710	2	4.86
Kevin Tipton - CUR	T (16-17)	145	148		215	240	250			185	200	0			450	325	335	345		795	1	5.48
Frankie Ensley - CUR	T (18-19)	148	148		195	200	210			105	110	115			325	285	290	300		625	3	4.22
Jeremy Semones - CUR	T (18-19)	148	148		255	270	0			0	0	0			270	385	0	0		655	2	4.43
Jacob Manuel - CUR - BL	T (18-19)	147	148		300	315	0			230	0	240			555	425	450	470		1025	1	6.97
Carol Anne Abbott - CUR	F-T (18-19)	155	165		0	0	0			0	0	0			0	0	0	0		0	2	0.00
Amanda Etheridge - CUR	F-T (18-19)	152	165		155	165	0			95	105	110			275	270	285	300		575	1	3.78
Rashad Mercer - PAS	T (16-17)	165	165		225	235	265			200	225	0			490	0	0	0		490	7	2.97
Dan lanetta - FF	T (16-17)	165	165		0	0	0			0	0	205			205	280	285	0		490	6	2.97
John Santuro - CUR	T (16-17)	155	165		240	255	0			135	140	155			410	335	365	0		775	5	5.00
Kelvin Moore - PAS	T (16-17)	157	165		225	235	265			230	245	0			510	225	250	300		810	4	5.16
Ricky Hodges - CUR	T (16-17)	150	165		245	255	265			175	0	0			440	395	410	0		850	3	5.67
Ed Molesky - CUR	T (16-17)	165	165		275	285	0			175	185	195			480	395	410	430		910	2	5.52
Shea Kirkwood - CUR	T (16-17)	165	165		315	345	365			185	195	0			560	465	480	500		1060	1	6.42
Donavan Hill - PAS	T (18-19)	159	165		225	240	265			240	270	0			535	225	275	325		860	3	5.41
Chris Larson - CUR	T (18-19)	161	165		285	295	0			195	205	0			500	385	405	0		905	2	5.62
Dave Jones - CUR	T (18-19)	165	165		345	365	380			245	0	0			625	405	415	425		1050	1	6.36

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Brittany Sykes - COL	F-T (12-13)	169	181		0	0	0		0	85	0			85	135	170	0		255	1	1.51
Greg Nuckols -DAVIE - BL	T (14-15)	179	181		385	405	0		275	290	300	0		705	455	475	500		1205	1	6.73
Tyrone Hall -NHS	T (16-17)	175	181		0	0	0		255	260	265			265	0	0	0		265	4	1.51
Jerome Wilson - PAS	T (16-17)	172	181		0	255	0		0	0	0			255	225	275	0		530	3	3.08
Tyler Gray - CUR	T (16-17)	179	181		0	0	0		225	0	0			225	315	0	0		540	2	3.02
Ryan Horton - CUR	T (16-17)	175	181		245	275	285		205	220	0			505	385	395	0		900	1	5.14
Domonique Simmons - CUR	T (18-19)	172	181		355	395	0		210	215	225			620	375	395	0		1015	1	5.90
Brynson Barnes - PAS	T (14-15)	189	198		225	0	0		200	210	225			450	255	315	0		765	1	4.05
Carlos Basnight -COL	T (16-17)	182	198		0	0	225		120	135	0			360	0	0	0		360	5	1.98
Don Magrini - PAS	T (16-17)	198	198		250	0	0		200	215	225			475	0	0	0		475	4	2.40
TJ Adams - CUR	T (16-17)	197	198		0	0	0		180	195	0			195	315	350	385		580	3	2.94
Andre Moore - PAS	T (16-17)	198	198		0	230	0		0	205	220			450	225	255	315		765	2	3.86
Jamie Wheeler - CUR	T (16-17)	195	198		275	295	0		215	220	225			520	320	350	0		870	1	4.46
Jeremy Sutton - NOR	T (18-19)	198	198		135	155	0		0	150	0			305	200	255	0		560	3	2.83
Eric Appleton - FF	T (18-19)	187	198		225	250	285		225	245	0			530	225	315	350		880	2	4.71
Brandon McElroy - CUR	T (18-19)	195	198		300	0	0		185	195	210			510	465	485	500	510	1010	1	5.18
Danielle Spencer - COL	F-T (14-15)	207	220		0	0	0		0	90	0			90	135	185	225		315	1	1.52
Khairy Williams - PAS	T (14-15)	215	220		200	210	225		210	245	260			485	225	255	265		750	4	3.49
James Basnight - COL	T (14-15)	207	220		225	275	300		135	150	0			450	225	315	0		765	3	3.70
Ryan Nicastro - CUR	T (14-15)	207	220		190	215	240		150	170	185			425	300	315	350		775	2	3.74
Cullen OBrian - PAS	T (14-15)	215	220		225	270	300		180	0	0			480	225	315	355		835	1	3.88
Justin Thompson - CUR	T (16-17)	202	220		225	235	0		0	145	155			390	300	320	335		725	2	3.59
DeShawn Bright -CUR	T (16-17)	207	220		265	0	0		205	0	0			470	345	0	0		815	1	3.94
Bailey White - PAS	T (16-17)	225	242		0	0	225		200	220	0			445	0	225	0		670	3	2.98
Delton Brown -NHS	T (16-17)	240	242		0	0	225		325	0	0			550	225	300	405		955	2	3.98
Danny Harris - FF	T (16-17)	230	242		315	345	375		255	275	0			650	385	395	405		1055	1	4.59
Cordero Riddick - PAS	T (18-19)	225	242		225	315	0		240	260	0			575	225	315	405		980	2	4.36

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Ben Hopkins - NOR - BL	T (18-19)	228	242		385	420	450			365	385	405	0	855	450	0	500		1355	1	5.94
Denvel Sutton CUR	T (14-15)	255	275		315	385	0			190	210	240		625	225	320	375		1000	1	3.92
Demarco McNeil - NHS	T (16-17)	255	275		0	0	0			0	255	0		255	225	315	325		580	6	2.27
Darius Boyce -NHS	T (16-17)	255	275		225	0	0			265	275	0		500	255	315	320		820	5	3.22
Chester Urbanske-Donnelly	T (16-17)	250	275		0	0	225			250	280	0		505	225	315	0		820	4	3.28
Cort Johnson - FF	T (16-17)	255	275		315	345	0			225	0	0		570	375	420	435		1005	3	3.94
Cameron Gorham - PAS	T (16-17)	245	275		250	315	400			0	355	0		755	305	350	410		1165	2	4.76
Kwaimie Garrett - CUR	T (16-17)	257	275		0	420	440			245	255	0		695	465	485	500	510	1195	1	4.65
William Gurganus - NOR	T (18-19)	267	275		315	350	400			195	225	245		645	400	450	500		1145	1	4.29
Shytazz Baines - PAS	T (16-17)	290	308		0	225	0			250	285	305		530	225	320	330		860	1	2.97
William Richardson -CUR	T (18-19)	291	308		245	0	0			175	0	0		420	435	0	0		855	2	2.94
Michael McConville - NOR	T (18-19)	280	308		385	415	440			275	300	0		740	515	575	0		1315	1	4.70
Guess Lifters																					
Kwansah Ackah - MD	Open	160	165							355	395	405 \$								1	
Donald Owens - NC	Open	260	275							425	460	0								1	

Best Lifters

Jacob Manuel - Lightweight
Greg Nuckols - Middleweight
Ben Hopkins - Heavy weights

\$ = National Record

= State Record