

**100% RAW Powerlifting Federation**  
**2008 Illinois State Full Power/Bench Press Championships**  
**Bloomington, IL September 20, 2008**

| <b>Full Power</b>        |                                |     |       | <b>Squat</b> |      |      | <b>Bench</b> |      |      |     | <b>Deadlift</b> |     |      |      | <b>Results</b> |       |       |
|--------------------------|--------------------------------|-----|-------|--------------|------|------|--------------|------|------|-----|-----------------|-----|------|------|----------------|-------|-------|
| Name                     | Division                       | Wgt | Class | 1st          | 2nd  | 3rd  | 1st          | 2nd  | 3rd  | Sub | 1st             | 2nd | 3rd  | 4th  | Total          | Place | Coef. |
| Mike Robinson - IL       | Master (45-49)                 | 145 | 148   | 325          | 355  | -365 | 245          | 265  | -275 | 620 | 425             | 465 | 485  |      | 1105           | 1     | 7.62  |
| Richard Schreiber - IL   | Open, Master<br><b>(40-44)</b> | 163 | 165   | 315          | 335  | 345  | 265          | 285  | 0    | 630 | 315             | 345 | 365  |      | 995            | 1,1   | 6.10  |
| Conor May - IL           | Youth (14-15)                  | 183 | 181   | 230          | 255  | 280  | 130          | 150  | 155  | 435 | 230             | 280 | 300  |      | 735            | 1     | 4.02  |
| Corbin Dantes-Perry - IL | Teen (18-19) Open              | 177 | 181   | 295          | 330  | 345  | 250          | 270  | -275 | 615 | 365             | 410 | 430  | -440 | 1045           | 1,1   | 5.90  |
| Doug Mitchell - IL       | Open                           | 190 | 198   | 295          | 330  | 345  | 245          | 265  | -275 | 610 | 385             | 410 | 430  |      | 1040           | 3     | 5.47  |
| Starkey Hedger - IL      | Open, <b>(30-34)</b>           | 190 | 198   | 380          | 405  | 425  | 340          | -355 | 355  | 780 | 535             | 565 | 600  | 620  | 1380           | 2,1   | 7.26  |
| Shawn Trimarco - IL      | Open, <b>(25-29)</b>           | 196 | 198   | -450         | 450  | 500  | 275          | 300  | -310 | 800 | 535             | 600 | -615 |      | 1400           | 1,1   | 7.14  |
| Adam Shalley - IL        | Junior (20-24)                 | 200 | 220   | 365          | 365  | 410  | 275          | -320 | -320 | 685 | 405             | 425 | 455  |      | 1140           | 1     | 5.70  |
| Matt Pitcher             | Open                           | 217 | 220   | -365         | -365 | -365 | 350          | -350 | 350  | -15 | 485             | 495 | -505 |      | 480            | 1     | 2.21  |

| <b>Bench Press</b>       |                       |       |       | <b>Bench</b> |      |      |      |       |       |       |
|--------------------------|-----------------------|-------|-------|--------------|------|------|------|-------|-------|-------|
| Name                     | Division              | Wgt   | Class | 1st          | 2nd  | 3rd  | 4th  | Total | Place | Coef. |
| Clint Phillips - IL      | Master <b>(45-49)</b> | 165   | 165   | 225          | 255  | -285 |      | 255   | 1     | 1.55  |
| David Hoang - IL         | (30-34)               | 158   | 165   | 250          | 270  | -280 |      | 270   | 1     | 1.71  |
| Mary Blackstone (F) - IL | Master (45-49)        | 188.2 | 198   | -115         | 120  | 125  | -130 | 125   | 1     | 0.66  |
| Jason Carson - IL        | Open, <b>(35-39)</b>  | 195.2 | 198   | 365          | 400  | 415  |      | 415   | 1,1   | 2.13  |
| Richard Temmerman - IL   | Master (50-54)        | 218   | 220   | 270          | 285  | -300 |      | 285   | 1     | 1.31  |
| Chuck Barth - IL         | Law/Fire/Military     | 204   | 220   | 315          | 335  | 345  | 350  | 345   | 1     | 1.69  |
| Bill Blackstone - IL     | (45-49)               | 214.2 | 220   | 430          | 450  | 455  | -460 | 455   | 1     | 2.12  |
| Mick Divan - IL          | Master (60-64)        | 241.4 | 242   | 230          | -250 | 250  | 270  | 250   | 1     | 1.04  |
| Ed Horwitz - NE          | Open, <b>(45-49)</b>  | 242   | 242   | 250          | 275  | 285  |      | 285   | 2,1   | 1.18  |
| Shane Peterson - NE      | Open, <b>(35-39)</b>  | 237.6 | 242   | 350          | -370 | 370  |      | 370   | 1,1   | 1.56  |
| James Boen - IL          | Open, <b>(45-49)</b>  | 267.8 | 275   | 330          | -355 | -355 |      | 330   | 1,1   | 1.23  |

| <b>Strict Curl</b> |          |       |       |     |     |     |     |      |       |       |
|--------------------|----------|-------|-------|-----|-----|-----|-----|------|-------|-------|
| Name               | Division | Wgt   | Class | 1st | 2nd | 3rd | 4th | Best | Place | Coef. |
| Jason Carson - IL  |          | 195.2 | 198   | 110 | 130 | 140 | 170 | 140  | 1     | 0.72  |

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|                     |  |       |     |     |     |     |      |     |   |      |
|---------------------|--|-------|-----|-----|-----|-----|------|-----|---|------|
| Mick Divan - IL     |  | 241.4 | 220 | 100 | 115 | 130 | -135 | 130 | 1 | 0.54 |
| Ed Horwitz - NE     |  | 242   | 242 | 90  | 105 | 115 | -130 | 115 | 1 | 0.48 |
| Shane Peterson - NE |  | 237.6 | 242 | 100 | 120 | 150 | -160 | 150 | 1 | 0.63 |
| Jim Boen            |  | 267.8 | 275 | 120 | 130 | 140 | -155 | 140 | 1 | 0.52 |

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