



## Welcome to 100% Raw Powerlifting Federation.

100% RAW Powerlifting Federation was established in 1999 with the goal to showcase powerlifters safely competing with no special "support" equipment and 100% Drug-Free! We have since rapidly grown to over 4,500 lifters while increasing our membership worldwide, providing the best platform to prove that **RAW MEANS TRUE POWER!**

**No Suits, No Shirts, No Wraps & No Drugs! This IS 100% RAW POWERLIFTING!**

We realize that all federations, equipped or RAW, are only as good as their members. We pledge to train, lead and support our members, while always maintaining the highest standards of honesty, integrity and loyalty to our athletes, fans and our sport.

All 100% Raw Powerlifting meets are **urinalysis drug-tested**, which is a true indication that we are sincere in our commitment to make sure our athletes and organization are **100% drug-free**. For this reason, our events attract hundreds of competitors and thousands of spectators season after season, year after year. 100% Raw Powerlifting events are growing into some of the most **successful and popular drug-free sporting events** outside of the Olympics.

Our enduring goal is to become the premier Powerlifting Federation in the world.

To learn more about 100% RAW Powerlifting Federation, please visit [www.RawPowerlifting.com](http://www.RawPowerlifting.com). We invite and encourage you to join our quest for Powerlifting excellence, and always welcome your comments, suggestions and words of encouragement.

**Train hard, train smart and always remember that  
RAW MEANS TRUE POWER!**

Sincerely,  
Paul Bossi  
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**"Where lifters compete, NOT technology"**