



Sanction III Event

(American/Canadian National Records & World Records can be set)

2010 Northeast Regional Single Lift Championships

May 29, 2010

Sanctioned By:

100% RAW Powerlifting Federation

**FORZA BENCH
&
IVANKO WEIGHTS**

Meet Director: Hunter/Wayne Claypatch, 1028 Whittemore Hill Rd., Owego, NY 13827

Where: Johnson City, NY

Date: Saturday May 29, 2010

Venue: Johnson City Senior High School, 666 Reynolds Road, Johnson City, NY, 13790

Time: Doors open – 8:00 AM, Lifting starts at 10:00 AM

Weigh-in: Friday, May 28 (5:00 PM – 7:00 PM) Saturday, May 29, (7:30 AM – 9:00 AM).

Rules Meeting: 9:30 AM

Hotels: **Best Western**, 569 Harry L. Drive, Johnson City, NY 13790 (607) 729-9194 (2 blocks from site)

Red Roof Inns, 590 Fairview Ave St., Johnson City, NY 13790 (607) 729-8940 (2 blocks from site)

Econo Lodge Inn & Suits, 690 Front St., Binghamton, NY 13905 (607) 724-1341 (5 miles from site)

Motel 6, 1012 Front St., Binghamton, NY 13905 (607) 771-0400 (7 miles from site)

******* All Hotels within 7 miles of meet site***** Many restaurants available nearby*******

Federation Membership Fee: Current federation membership is required. All lifters are asked to produce photo identification and 100% Raw Powerlifting Federation membership cards prior to weigh-ins. If lifters are picking up their membership cards at the event, they should do so before weighing in. A table will be set up at registration to sell membership cards at the meet. Membership fee will be \$25 for adults, and \$10 for those attending high school (or lower).

Entry Fee: All fees should be paid by Wednesday May 19, 2010. \$45 per individual lifter for bench press and deadlift competitions, \$35 for second bench press/deadlift division (i.e. crossover). Strict Curl entry fee is \$20, \$15 for second division (i.e. crossover). Team Fee: \$45.

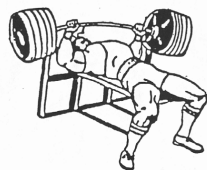
T-Shirts will be sold at event

Awards: Custom awards will be presented in all divisions and weight classes. (Best Lifter Awards For Bench Press and Deadlift). Team trophies will be awarded for 1st and 2nd place.

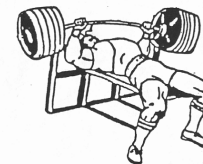
Contact Information: Hunter/Wayne Claypatch at gopher101@aol.com or (607) 786-9720

Attire	4 th Lift	Order of Events	
Singlet is mandatory.	National & World Record Attempts Only.	1. Weigh-Ins	2. Rules
		3. Competition	4. Awards

Hunter/Wayne Claypatch, 1028 Whittemore Hill Rd., Owego, NY 13827



POWERLIFTING FEDERATION
www.rawpowerlifting.com



Sanction III Event

2010 Northeast Regional Single Lift Championships

Johnson City, NY
 Saturday May 29, 2010

Meet Director: Hunter/Wayne Claypatch, gopher101@aol.com or (607) 786-9720

PLEASE PRINT:

NAME: _____ DATE OF BIRTH: ___/___/___ AGE: ___ SEX: M F
 ADDRESS: _____ CITY: _____ STATE: ___ ZIP: _____
 DAY PHONE: _____ NIGHT PHONE: _____ EMAIL: _____
 BODY WEIGHT: ___ lb RAW CARD NUMBER: _____ EXPIRATION: _____

CIRCLE WEIGHT CLASS:																	
WOMEN	66	77	88	97	105	114	123	132	148	165	181	198	198+				
MEN	66	77	88	97	105	114	123	132	148	165	181	198	220	242	275	308	SHW

DIVISIONS (CHECK AS MANY AS YOU WANT TO ENTER): Each Division has all weight classes.

YOUTH 11 & UNDER:
 TEEN: 12-13
 14-15
 16-17
 18-19
 JUNIOR: 20-24

MASTERS:
 40-44
 45-49
 50-54
 55-59
 60-64
 65-69
 70-74
 75-79
 80-84

OPEN: (25-34 & ALL AGES)
 LAW / FIRE / MILITARY:
 SUB MASTERS: 35-39

ALL ENTRIES ARE DUE by Wednesday May 19, 2010

<input type="checkbox"/> Bench Press	\$45	Weigh-Ins: Friday, May 28 (5:00 PM – 7:00 PM) Saturday, May 29 (7:30 AM – 9:00 AM) Rules Meeting: 9:30 AM <hr/> Lifting Starts: 10:00AM
<input type="checkbox"/> Deadlift	\$45	
<input type="checkbox"/> Strict Curl	\$20	
CROSSOVERS: # OF CROSSOVERS _____	X \$35 = _____ X \$15 (for Strict Curl)= _____	MAKE CHECK OR MONEY ORDER PAYABLE TO: Wayne Claypatch 1028 Whittemore Hill Rd. Owego, NY 13827
TOTAL AMOUNT ENCLOSED:	\$ _____	

ATHLETES MUST COMPLETE AND SIGN THE RAW RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND THE PARENTAL CONSENT AGREEMENT ("AGREEMENT")

Release, Waiver of Liability, Assumption of Risk, Indemnity, and parental Consent Agreement ("agreement")

In consideration of being permitted to participate in a 100% RAW ("activity") I, my personal representatives, and assigned heirs and next to kin:

1. **ACKNOWLEDGES**, agree, and represent that I understand the nature of the activity and that I am qualified, in good health and in proper physical condition to participate in such activity. I further agree and warrant that if at any time I believe conditions to be unsafe; I will immediately discontinue further participation in the activity.

2. **FULLY UNDERSTAND** that: (a) **ATHLETIC ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks")**: (b) these Risks and dangers may be caused by my own actions or in actions of others participating in the activity, the condition in which the activity takes place, or **THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW**: there may be **OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES** either not known to me or not readily foreseeable at this time: and I **FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** I incur as a result of my participation or that of the minor in the activity.

3. **HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE** the 100% RAW Powerlifting Federation, Paul Bossi, Wayne Claypatch, Hunter Claypatch, Johnson City Senior High School, or any related affiliated and subsidiary companies of each, as well as the officers, directors, agents, employees and assigns of each, coaches, officials, administrators, members, volunteers, participants, sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, and any other party indemnified and held harmless by the 100% RAW, (each considered one of the **"RELEASEES"** herein) **FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, NEGLIGENT SECURITY, TRAVEL, AND RECREATIONAL OPERATIONS AND ACTIVITIES; AND I FURTHER AGREE** that if, despite this **RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT** I, or anyone on my behalf, makes a claim against any of the Release's, I **WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES** from any litigation expense, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

4. Drug Testing Statement, Agreement, & Release of Liability

I give my word as an athlete that I have not utilized any type of strength-including chemicals (anabolic steroids, growth hormone, etc.) for the past three years.

In consideration of the acceptance of this entry, I agree to any test method deemed necessary by the meet director(s) and that the results of said testing method which the meet director and/or sponsors of this meet use to detect the presence of the strength inducing drugs may be released to any third party(ies) and I generally and specifically waive any right to privacy if any, related there to. I also understand that 100% RAW Powerlifting Federation, Inc. reserves the right to publish drug-testing results (passes and failures).

I hereby waive and release, intending to be legally bound for myself, my executors, administrators, and heirs, all rights and claims for damages I may have against Hunter/Wayne Claypatch, and all parties associated with this Northeast Regional Championships as a result of testing positive for the utilization of strength-including chemicals.

My entry into the Northeast Regional Powerlifting meet constitutes my consent to the testing procedures; and, if any such results test positive, I understand that I shall be disqualified from the pertinent competition and suspended for a period to be fixed by the meet director(s).

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Printed name of participant: _____ Phone: _____

Participant's signature (only if age 18 or over): _____ Date: _____

Minor's RELEASE

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF ATHLETIC ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE. I THE MINOR OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAME ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Printed name of parent or Guardian: _____ Phone: _____

Address: _____
Street City State Zip Code

Parent/guardian signature (only if participant is under the age of 18): _____ Date: _____